



Welcome to The Wildings

The *Wildings* is a rare place.

A school where the young people are supported to develop “root to fruit”.

How can you acquire the fruit of knowledge, skills, and character when the social, emotional, and psychological roots aren't there?

That's why *The Wildings* places great importance on developing a young person's “roots”, the foundations of safety, attending, engaging, and developing the emotional maturity of their brain.

Did you know that no matter how many years you have lived on this planet, you will never be older than your brain's emotional maturity? Did you know that trauma can significantly delay emotional development? This is why it is such a priority at *The Wildings*.

The young people at *The Wildings* are truly amazing and they have spent most of their time at and energy at school disguising how amazing they are. This has usually meant attending a series of different schools unsuccessfully or withdrawing into their bedrooms - sometimes for years at a time. All the young people have experienced trauma in and the recovery from this trauma is key to them growing into successful and happy young adults.

At *The Wildings*, each young person finds their place. Each young person has their key worker and their timetable, but more than that, each young person contributes to the running of the school.

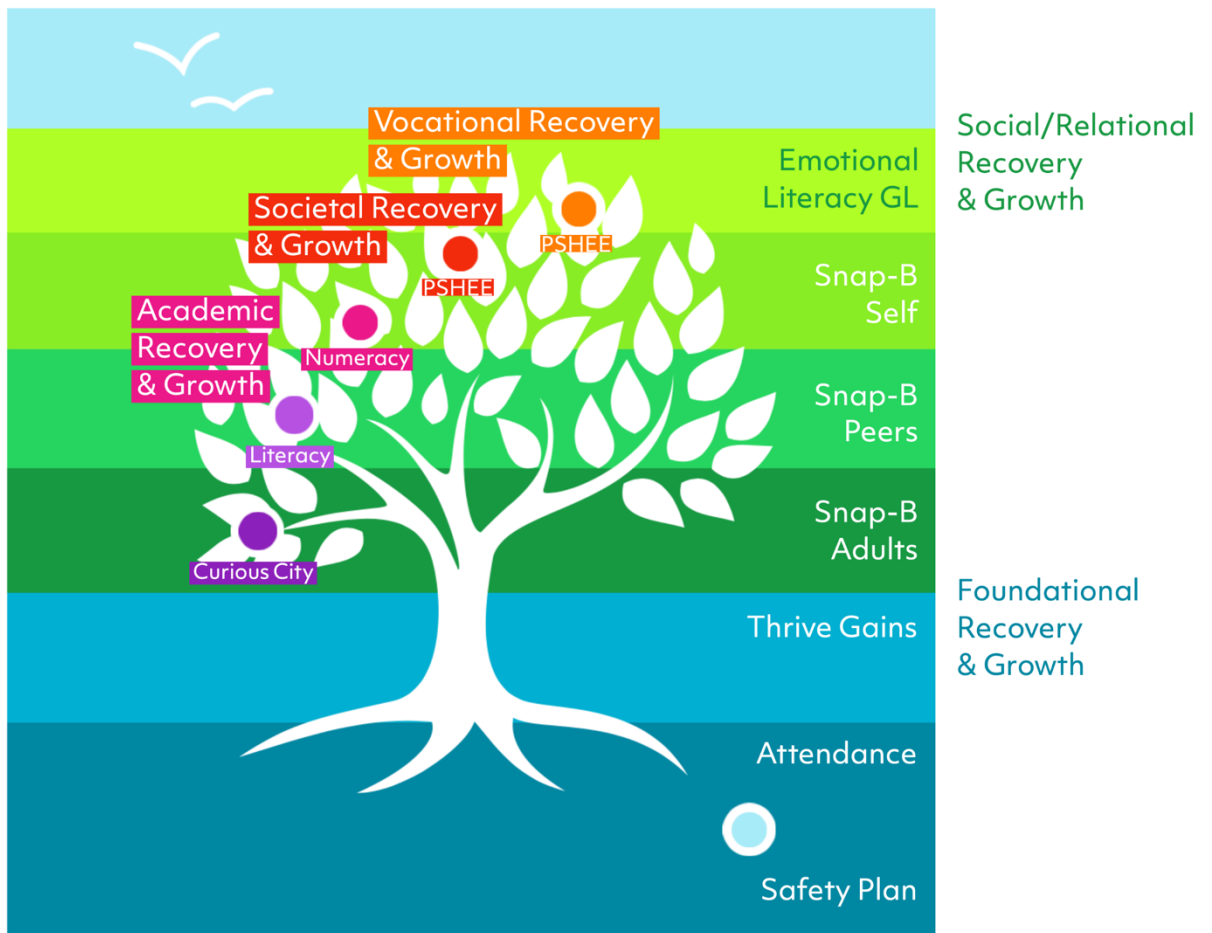
The school is run like a household and the people in it are expected to work together, eat together, root for each other and resolve problems together. The values of democracy, equality, connection, and self-awareness are woven through the structures, routines and interactions of the day.

The Wildings Tree is the symbol of the whole approach, divided into 12 strands of recovery and growth:

3 roots for resilience

4 shoots for self-discovery

5 fruits for future fulfilment



Without the roots and the shoots there are no fruits. We grow our roots strong.

This approach makes a profound difference. This is what the young people and their parents say:

'My boys have never wanted to go to school. Since starting at The Wildings, they are upset when the weekend comes, more so when the holidays arrive!'

'The work that he has completed in his year at The Wildings is more than in his previous 9 years of education. And you have given us our boy back - we haven't seen him for many years.'

The Wildings is a national first: a not-for-profit private special school run as a Community Interest Company. Without *The Wildings*, these young people would be sent out of area far from the little continuity they know.

The Wildings is a rare place.

Find out more from Mike@MimeHeuristics.com